

NDP LEVEL 5					
Age Groups 9-10 Years 11-12 Years 13-14 Years 15+ Years	1 st Routine - Compulsory A			2 nd Routine - Compulsory B	
	1	Back S/S (S)		1	3/4 Back S/S (SL)
	2	Straddle Jump		2	To feet <u>or</u> Cody (T) = bonus 0.3
	3	Back S/S (P)		3	Straddle Jump
	4	Barani (P)		4	Back S/S (P)
	5	1/2 Twist Jump		5	Barani (P)
	6	Tuck Jump		6	Tuck Jump
	7	Barani (T)		7	Barani (T)
	8	Back S/S (T)		8	Back S/S (T)
	9	Pike Jump		9	3/4 Front S/S (S)
	10	Front S/S (P)		10	1/2 Twist to Feet <u>or</u> Ballout Barani (T) = bonus 0.3
Voluntary Routine (NDP Final Only) * NOT 9-10yrs as they will perform Compulsory A & Compulsory B					
<ul style="list-style-type: none">• Max of 1 body landing allowed.• NO min difficulty• Difficulty will be capped at 1.1 per element					
Minimum Standard to qualify to: Regional NDP Compulsory Final			2 round score of 46.0		
Minimum Standard to qualify to: NDP Final Regional Team Final			2 round score of 48.0		

NDP LEVEL 6					
Age Groups 11-12 Years 13-14 Years 15-16 Years 17+ Years	1 st Routine - Compulsory A		2 nd Routine - Compulsory B		
	1	Back S/S (S)	1	3/4 Back S/S (S)	
	2	Barani (S)	2	Cody (T)	
	3	Straddle Jump	3	Straddle Jump	
	4	Back S/S (P)	4	Barani (P)	
	5	Barani (P)	5	Back S/S (S)	
	6	Tuck Jump	6	Full Twisting Back S/S (S)	
	7	Barani (T)	7	Barani (T)	
	8	Back S/S (T)	8	Back S/S (T)	
	9	3/4 front S/S (S)	9	3/4 Front S/S (S)	
	10	Ballout Barani (T)	10	Ballout Barani (T)	
	Voluntary Routine (NDP Final Only)				
	<ul style="list-style-type: none">• Max 1 body landing• No min difficulty• Difficulty will be capped at 1.3 per element for 11-12yrs• Difficulty will be capped at 1.5 per element for 13+ yrs				
Minimum Standard to qualify to: Regional NDP Compulsory Final			2 round score of 46.0		
Minimum Standard to qualify to: NDP Regional Team Final			2 round score of 48.0		